

FATIGUE MANAGEMENT POLICY

Comgroup Supplies Pty Ltd is committed to the physical and mental well-being of its employees. Understanding the nature of the business and the hazards and risks associated to fatigue, we aim to create a working environment that enables employees to feel productive and energetic without jeopardising their own safety or the safety of others. Comgroup Supplies Pty Ltd aims to educate and consult with workers, providing information, training, instruction, and supervision that is necessary to protect all workers from risks to their health and safety arising from the work carried out.

Comgroup Supplies Pty Ltd will:

- Provide resources and training materials for all workers in matters for managing mental and physical fatigue
- Ensure all workers are aware of their responsibilities to identify and managing fatigue outside of the workplace
- Provide opportunities to discuss fatigue with management in a safe space
- Review current workplace practices on a regular basis to minimise as far as reasonably practical the fatigue associated with those practices

Comgroup Supplies understands that fatigue management is not solely the responsibility of the management team who provide the supervision, instruction, training, and information to other workers. As such, education and training will provide ways for workers to manage their own fatigue and will provide adequate resources for workers to identify any fatigue that may be personal and assist in anyway possible.

Comgroup Supplies Pty Ltd workers will:

- Utilise the resources provided to manage their own fatigue and notify any members of the management team in a timely manner
- Assist in identifying workers who may be struggling with fatigue to allow management to assist wherever possible
- Ensure the work they are doing is within their mental and physical capacity in relation to fatigue

Steven Myler *ceo*

Signature

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Terry McManus

Head of People and Safety

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